

Project number: KA153-YOU-3AF63C88

Training Course

Impact by Design excellence in youth-led initiatives for a sustainable and democratic Europe

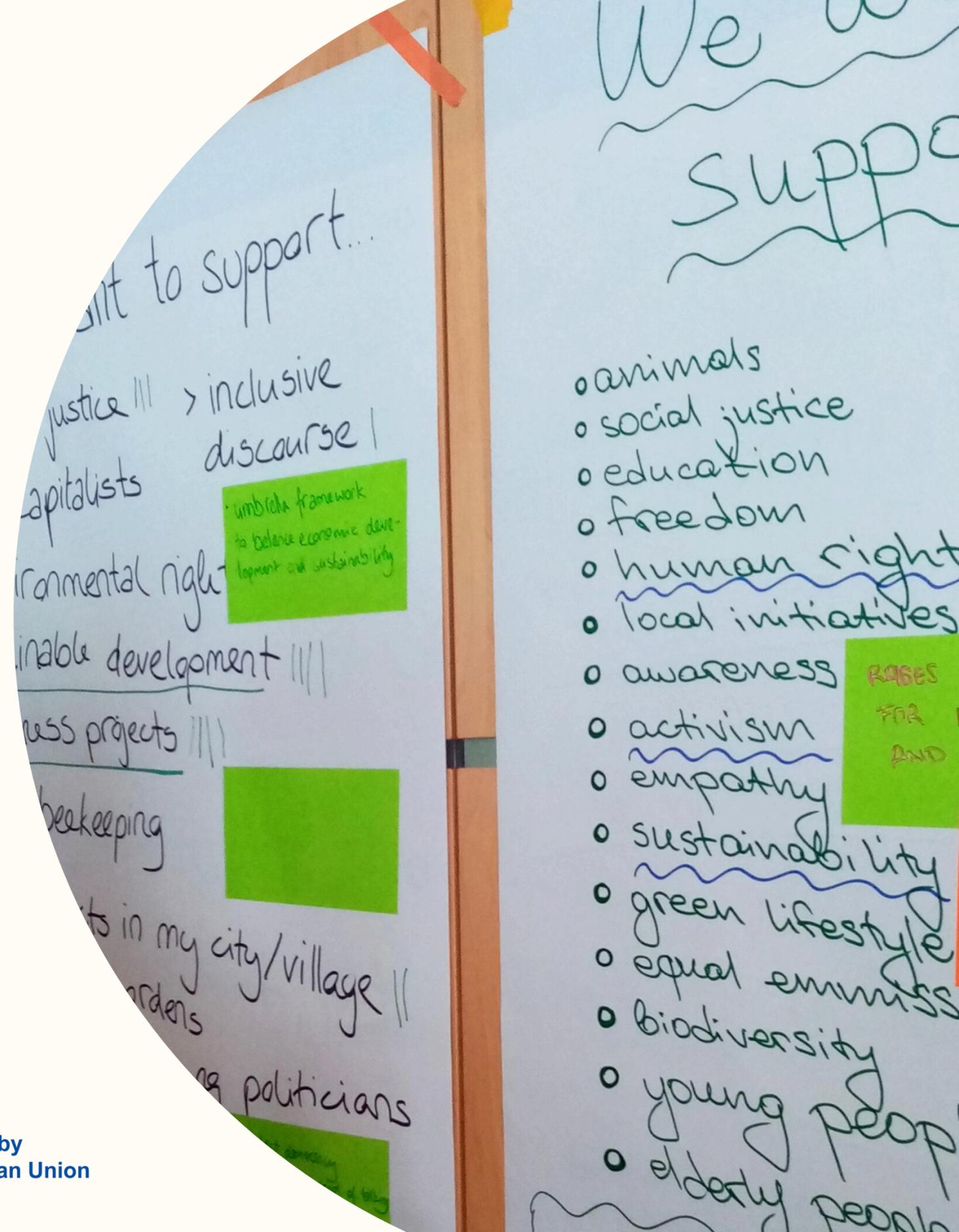
26 - 30 April 2026

(including travel days)

Bologna, ITALY



Co-funded by
the European Union



The context

Why this training Course?

As youth workers, we are constantly creating opportunities for learning, participation, and positive change. Yet it **is not always easy to turn good ideas into projects that create a lasting impact** beyond the activity itself.

We are often asked to address complex and interconnected topics such as civic engagement, sustainability, and global responsibility. These challenges are part of young people's everyday realities, but translating them into clear, coherent, and impactful project designs can be challenging.

Many of us experience a gap between our intentions and our tools: we know what we want to change, but not always **how to design projects that make that change visible, measurable, and sustainable** over time. Concepts like impact, evaluation, and long-term planning can sometimes feel abstract or distant from daily practice.

This training was created to help us bridge that gap. By focusing on impact-driven project design, it offers practical methods to **move from activities to meaningful change**, strengthening our confidence in designing projects that truly matter.

This is a shared space to reflect, experiment, and grow—together with other youth workers who are committed to purposeful and effective youth work.

Impact by Design

a description

This training course offers **three intensive days of collaborative, non-formal learning focused on impact-driven project design** in youth work. The training is designed to support you in transforming ideas, values, and needs into coherent projects that create meaningful and lasting impact. Through practical activities and shared reflection, you will explore how to design youth projects with impact in mind from the very beginning—connecting objectives, actions, and results in a clear and intentional way.

What to Expect

- Hands-on workshops focused on impact-oriented project design
- Practical exercises using tools such as impact mapping and logic models
- Group work and simulations to test and refine project ideas
- Guided reflection on integrating civic engagement, sustainability, and global responsibility into youth work
- Peer learning and exchange with youth workers from different European contexts

Your role: engage, reflect, design

You will take an active role throughout the training. You will be invited to share your experience, question assumptions, and co-create solutions together with other participants. Learning will be collective, practical, and rooted in real challenges from your everyday youth work.

By the end of the training, you will leave with:

- Concrete tools you can directly apply in your projects
- Greater clarity on how to design for impact
- Increased confidence in turning ideas into meaningful action

Three days. One shared goal: designing youth projects that truly make a difference.

Our Partners

Italy – Eurobox ETS (Coordinating Organisation)

A Bologna-based NGO promoting European values through youth mobility and active citizenship since 2013. Focuses on youth empowerment, gender equality, and environmental awareness.

Armenia – Altera Lab

A youth NGO in Aparan promoting non-formal education, personal development, and mental health. Runs a youth centre using a social enterprise model, specialising in mindfulness, arts therapy, and work with rural youth.

Bulgaria – Burgas Open Space

Founded in 2020 to create spaces for young artists. Organises festivals, exhibitions, and ecological initiatives like "Greenburg", engaging youth in cultural and environmental projects.

Croatia – Centar za održivi razvoj "Althea"

Based in rural Croatia, Althea promotes sustainable development with a focus on cultural heritage, social inclusion, and youth opportunities in underserved areas since 2013.

France – Bokra Sawa

A Euro-Mediterranean association in Marseille meaning "Tomorrow Together" in Arabic. Works on sustainability, intercultural dialogue, and civic participation through non-formal education.

Jordan – Support Youth Leaders (SYL)

An Amman-based organisation dedicated to youth empowerment through non-formal education, with projects on inclusion, digital skills, environment, and intercultural dialogue.

Our Partners

Lithuania – Asociacija Apkabink Europa (Eurohugs) A learning organisation gathering trainers, youth workers, and volunteers to build civic engagement and support youth with fewer opportunities in rural Lithuania.

Luxembourg – Gaia-Luxembourg A community project focused on sustainability education and the ecological transition. Works with schools and institutions to promote critical citizenship and the SDGs.

Romania – Asociatia Euromove Based in Sibiu, Euromove fosters personal, social, and civic development through non-formal education, especially in rural areas with limited access to opportunities.

Slovakia – ZIPCeM The umbrella organisation for Youth Information Centres in Slovakia since 1992. Provides information, counselling, and non-formal education to support critical thinking among young people.

Spain – Asociación Socialty A Madrid-based NGO committed to social justice, inclusive education, gender equality, environmental protection, and human rights through formal and non-formal approaches.

Sweden – MG Sustainable Engineering AB A social enterprise in Uppsala specialising in renewable energy and green skills. Runs Solar Heat Innovation Week and Erasmus+ projects on sustainability and digital education.

Türkiye – Avrasya Gençlik Gelişim Derneği (Youth Eurasia) Based in Kocaeli, works with youth with fewer opportunities through art, culture, technology, and environment projects. Also supports young people with Down syndrome through "Down Cafe".

Türkiye – Gençlik İstanbul Derneği (Youth Istanbul) A fast-growing youth organisation in Kocaeli focused on leadership, digital literacy, sustainability, and active citizenship through local workshops and international mobility.

Participants

2 youth workers per partner

- Youth workers, NGO staff, educators, or trainers actively working in the youth sector
- Aged approximately 25–45 (though this is flexible!)
- Already engaged in civic participation, sustainability, or youth empowerment work
- Motivated to improve their project design and Erasmus+ skills
- Ready to apply what they learn back in their organisation



**Only fill if CONFIRMED
SELECTION by your sending
organization*

This will help us to make sure all of your needs will be timely addressed for you to get the best out of this experience!

What We Value in Participants

This is not a "sit back and listen" training. You'll be co-creating, facilitating, and working in teams every single day. We're looking for people who are genuinely curious, open to feedback, and ready to step outside their comfort zone.

- Active engagement and willingness to contribute
- Intercultural respect — you'll work with 28 people from 14 countries
- A multiplier mindset — what you learn here goes back home with you

Rules & Responsibilities

Your commitment starts before Bologna and continues after.

- Before: Attend the online preparatory meeting, complete the pre-departure questionnaire, and review the shared materials.
- During: Full participation in all sessions — from morning energisers to evening reflections. Respect the code of conduct. Be present, not on your phone.
- After: Run a Local Lab in your community, complete your Youthpass, and stay active in the group.

Your Commitment

By joining Impact by Design, you're saying yes to being fully present from 26 to 30 April 2026, contributing to group work, completing your preparation tasks, and sharing what you've learned back home.

! *This project is funded by the Erasmus+ programme. Your spot has a real cost — if you can't commit fully, please let your sending organisation know so someone else can take your place.*

Activity Timetable

	SUNDAY 26/4/26	MONDAY 27/4/26	TUESDAY 28/4/26	WEDNESDAY 29/4/26	THURSDAY 30/4/26
10 - 11.30	ARRIVAL	Teambuilding	Project Cycle Management	Project Concept Drafting (Part 1)	DEPARTURE
12 - 13.30		Organizational Challenges & Needs Mapping	Hands-On Project Frameworks	Budget & Resource Planning; Final Project Refinement	
15 - 16.30		Strategic Alignment, EU Priorities & Opportunities	Quality Design principles	Project Presentations & Digital Collaboration	
17 - 18.30		Networking & Thematic Group Formation	Theory of Change Solutions Lab	Evaluation, Youthpass, and Closing	
20		Welcome Dinner	Dinner		

Before departure

important to know

Essential Documents

Make sure you have everything sorted before you travel.

- Passport/ ID which valid for the full duration of the activity
- European Health Insurance Card or private insurance (check with your sending NGO)
- Travel tickets: send itinerary for approval to the action@euroboxets.eu before purchase
- Green Travel Self-Declaration required if you're travelling by train, bus, or carpooling
- All boarding passes, receipts & invoices keep the originals!

Things to do

- Apply for a visa if needed. Check entry requirements for Italy and start the process early. We can provide invitation letters if required.
- Complete the **Pre-Departure Form**. We'll ask about your expectations, any access needs, and dietary requirements.
- Attend the **Online Preparatory Meeting**. You'll meet the group, go through the programme, and ask any last questions.
- Join the **WhatsApp / Facebook group**. This is where updates, travel tips, and informal bonding happen before arrival.

Packing Tips

- Bring comfortable clothes for workshops, layers (April weather in Bologna), reusable water bottle, etc.
- Towels are not provided, bring your own or rent at venue for €3.

Arrival on **26/04/2026** (dinner included only)
Departure on **30/04/2026** (breakfast included only)

Follow Up*

Once you come back home

1 Step 1 – Share What You've Learned

Once you're back, organise a **Local Lab** in your organisation or community. This is a short session where you share one tool, method, or insight from the training with your colleagues, volunteers, or young people.

2 Step 2 – Make It Visible

Post about your experience! Share a short reflection, photo, or video on your organisation's channels or your own social media. Tag the project and help spread the word about what we built together.

3 Step 3 – Stay Connected

The network doesn't end in Bologna. Join the **online follow-up meeting** (~1 month after), keep the WhatsApp group alive, and stay open to future collaborations. Some of the best Erasmus+ projects start from connections like these.

*this is a mandatory requirement for all participants

IMPACT BY DESIGN: excellence in youth-led initiatives for a sustainable and democratic Europe

Accomodation & Venue

Sleeping

You'll be hosted at Bohostel, a vibrant hostel in Bologna's Dumbo district — a creative hub full of street art, co-working spaces, and good energy.

- Rooms are shared (4 or 6 people)
- Rooms may be mixed gender — we cannot guarantee separation, so please let us know in the participant form if you have specific needs
- Bedsheets are provided but **BRING YOUR TOWEL (rental available at €3 in venue)**

📍 Via del Commercio Associato, 9, 40127 Bologna BO

🔗 More info: <https://www.bohostel.eu/>

Working

All activities take place at Dumbo, a multifunctional space just a short walk from the hostel.

Eating

Breakfast, lunch, and dinner are covered. Breakfast at Bohostel. Lunch and dinner around town to experience Emilia Romagna cuisine. Let us know about any dietary requirements (vegetarian, vegan, allergies, etc.) in the participant form and we'll make sure you're sorted.



more pictures at next page >

Dumbo Bologna



Bohoostel Rooms

Common Area



Activity Room



Traveling to Bologna

By plane

If you want to travel by plane, you best come to the **Airport of Bologna (BLQ)**

Find your tickets on websites like [skyscanner.com](https://www.skyscanner.com)

By train

If you plan to arrive to Bologna by train, you should check these two train companies:

Trenitalia: national railway company
<https://www.trenitalia.com/en.html>

Italo: private railway operator
<https://www.italotreno.it/en>

Reaching Accomodation

Airport to Central Station

Shuttle service **Marconi Express** from the Airport to the Central Station // 12.80€ one way ticket

If the shuttle is out of service you can find the substitute bus. Please find **HERE more info** about busses to the city center

Central Station to Bohoostel

Catch the BUS 36 - get off at Malvasia

Find out the itinerary here

<https://maps.app.goo.gl/qLqKcNgdRrjRyvqS7>

Or by walk (21min)

Whats included

This project is co-funded by the Erasmus+ Programme of the European Union.

Accommodation and all meals (breakfast, lunch, and dinner) are covered during the activity dates. On your arrival day, only dinner is included; on departure day, only breakfast.

Personal expenses like going out, extra food, or souvenirs are not covered by the project.

Travel reimbursement

Your travel costs will be reimbursed up to a maximum amount per person (for the return journey). If you spend less, you get the real cost back. If you spend more, you'll only receive up to the maximum.

Before booking send your travel proposal to your Sending Organisation for approval. **Don't buy anything before getting approval!**

Make sure to keep all your original documents — tickets, invoices, receipts, and boarding passes. Reimbursement will be transferred to your Sending Organisation, who will then redistribute you.

⚠ Screenshots of boarding passes are NOT accepted. Print the original or send the original PDF. For Ryanair flights you wont be able to download the PDF after the flight so make sure to do it before the journey.

Travel reimbursement amounts

*Green Travel (according to Erasmus+ standards) refers to **sustainable means of transport that have a lower environmental impact, such as train, bus, carpooling**, or other shared and low-emission travel options. It excludes air travel unless combined with a more sustainable mode for the majority of the journey. Participants choosing Green Travel may be eligible for additional travel days and financial support to encourage eco-friendly mobility.

Green Travel* (train, bus, carpooling)

- Armenia – maximum €535
- Bulgaria – maximum €417
- Croatia – maximum €285
- France – maximum €285
- Jordan – maximum €535
- Lithuania – maximum €417
- Luxembourg – maximum €417
- Romania – maximum €417
- Slovakia – maximum €417
- Spain – maximum €417
- Sweden – maximum €417
- Türkiye – maximum €417

Standard Travel

- Armenia – maximum €395
- Bulgaria – maximum €309
- Croatia – maximum €211
- France – maximum €211
- Jordan – maximum €395
- Lithuania – maximum €309
- Luxembourg – maximum €309
- Romania – maximum €309
- Slovakia – maximum €309
- Spain – maximum €309
- Sweden – maximum €309
- Türkiye – maximum €309

Our contacts

Mariangela

Coordinator

action@euroboxets.eu

+39 3391074508

Follow us on IG!

[@euroboxets](https://www.instagram.com/euroboxets)



Co-funded by
the European Union