

BOLOGNA, ITALY

24-30TH MAY 2026

2025-3-IT03-KA153-YOU-000377554

# GreenSpired

*Green Inspiration for Quality Education*

**24-30 MAY 2026**

**BOLOGNA, ITALY**



Scambieuropei ETS



Co-funded by  
the European Union

# THE CONTEXT

GreenSpirED arises from the awareness that the climate crisis is not only an environmental issue but also a **social, educational** and **psychological one**.

More and more young people experience **eco-anxiety, disorientation** and **fear**, feeling powerless in the face of such complex global phenomena.

Hence the need to train and support youth workers, **key figures in working with the new generations**, providing them with concrete tools to transform this discomfort into an opportunity for growth, awareness and active participation.

The main objective is to **strengthen youth workers' capacity** to address sustainability as a cross-cutting theme, connecting educational, social and professional aspects.

This means, on the one hand, **enhancing the competences** of youth workers themselves and, on the other, **generating lasting impacts** on the young people they work with daily.

This Training Course will consist in **a week** where you will:

- WORK TOGETHER ON A **CREATIVE STRATEGY**
- ENHANCE YOUR **COMPETENCES** IN THE FIELD OF **SUSTAINABILITY**
- WORK ON **INTERNATIONAL NETWORKING**
- BOOST YOUR **ENGAGEMENT IN SUSTAINABILITY**

# WHAT TO EXPECT



# IMPORTANT

Participants will be expected to **actively engage** with others, share ideas, and contribute to group discussions and activities throughout the programme.

While we aim to create a **friendly** and **relaxed** learning environment, the course requires **commitment** and **active participation** from everyone involved.

In addition, participants will be expected to carry out **follow-up activities** in their home countries after the training course and provide evidence of the work implemented.



**2 PER COUNTRY**

**AGE: 22-35 Y.O.**

**MOTIVATED AND INTERESTED IN THE  
TOPIC**

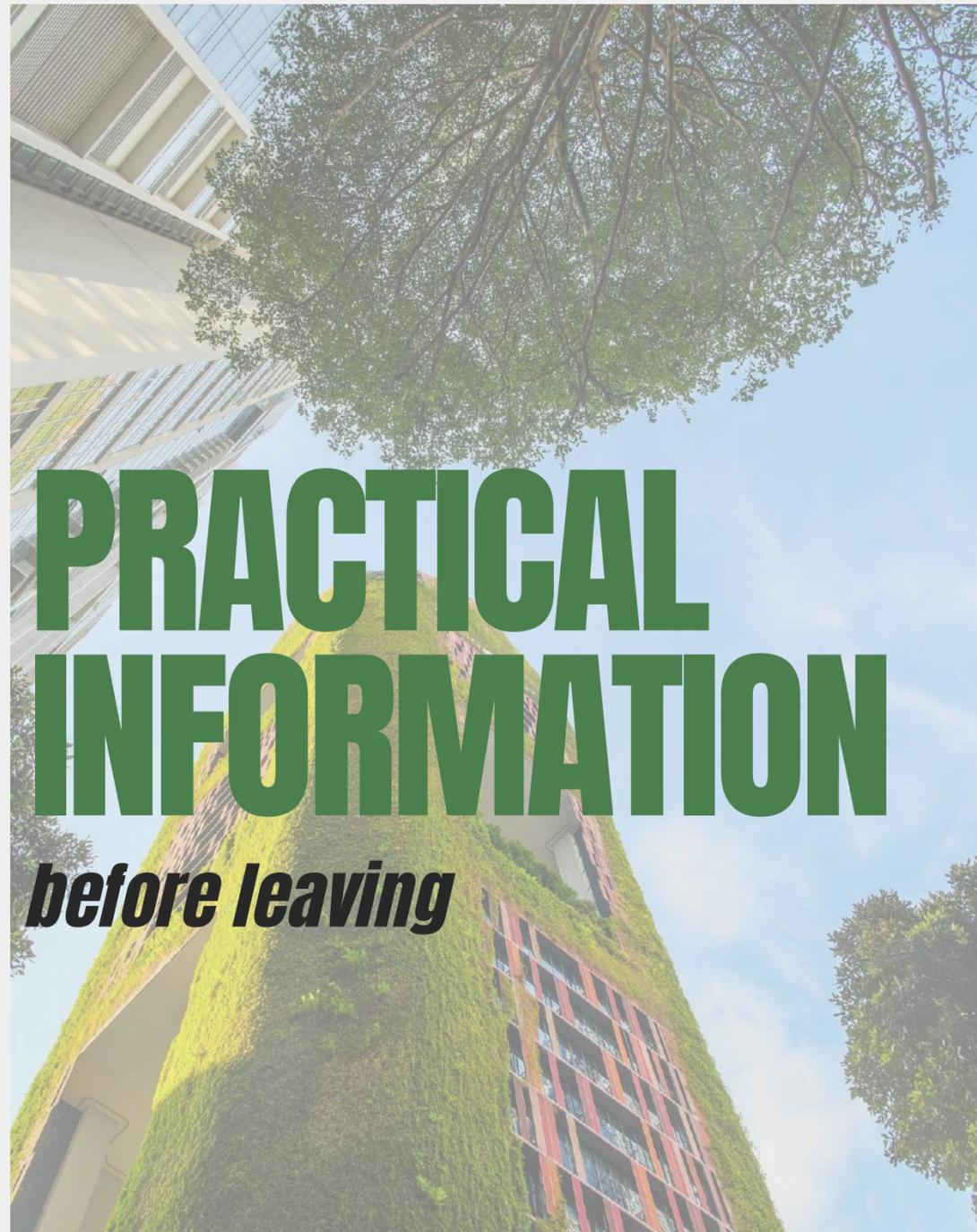
**WILLING TO TAKE PART IN THE COMING  
STEPS OF THE PROJECT**

*The participants will be youth workers, staff members and volunteers, with experience in non-formal education and facilitation.*

*Participants working in marginalized contexts will be prioritized.*

*Attention will be paid to ensure the gender balance.*

# PARTICIPANTS



# PRACTICAL INFORMATION

*before leaving*

## JOIN THE WHATSAPP GROUP

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This is where you'll receive updates and interact with participants before and after the exchange

## VALID PASSPORT/ID

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Ensure your travel document is valid for the entire duration of the exchange

## EUROPEAN HEALTH INSURANCE (EHIC) OR TRAVEL INSURANCE

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If applicable, arrange your EHIC or private insurance for medical coverage

## FLIGHT/TRAVEL TICKETS AND ITINERARY

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Keep all original tickets and proof of payments as they are required for travel reimbursement



## 1. ONLINE DISSEMINATION

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Participants and partner organizations will publish digital content on social media platforms to disseminate project outcomes and promote sustainability education

## 2. SHARED TOOLKIT

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The main output of the project will be a toolkit containing the activities co-designed by the participants during the mobility. Its purpose will be to collect activities that can be replicated both by the organizations taking part in the project, but also others

## 3. LOCAL FOLLOW-UP EVENTS

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Each partner organization is expected to organize local events both to share what they learnt and also to put into practice at least one activity of the co-created toolkit



## **HOTEL COSMOPOLITAN, BOLOGNA**

*Via del Commercio Associato 9,  
40127, Bologna (BO)*

Participants will be staying in double and triple rooms. Towels and bedsheets will be provided in the rooms.

Activities will be held in a multifunctional room within the same complex

# **ACCOMMODATION AND VENUE**

More info at:  
<https://www.hotelcosmopolitanbologna.com/>

# WHAT'S INCLUDED

(1)

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THE PROJECT IS CO-FUNDED BY THE ERASMUS+ PROGRAMME OF THE EUROPEAN UNION

(2)

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ACCOMODATION AND FOOD WILL BE INCLUDED DURING THE ACTIVITY DATES

(3)

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ON THE ARRIVAL DAY JUST DINNER WILL BE INCLUDED; ON THE DEPARTURE DAY, JUST BREAKFAST WILL BE INCLUDED

# TRAVEL REIMBURSEMENT

To get your reimbursement, you need to present all the travel documents to **our organization**.

We are going to refund you up to the maximum budget per travel (to come in Italy and to return) per person.

Reimbursement will be made to your sending NGO which will then transfer you the amount.

**Be aware: if you spend less, you will be refunded for real costs. If you spend more, you will reimburse up the maximum.**

Please, send to your Sending Organization your travel proposals for approval, BEFORE purchasing them!

Remember to keep all travel documents, such as flight tickets, receipts, etc., in their original and paper form.

You will need them to claim your reimbursement!

Participants may arrive a few days before and depart a few days after the Training Course dates, **but this must be approved in advance by the hosting organization.**

# TRAVEL REIMBURSEMENT

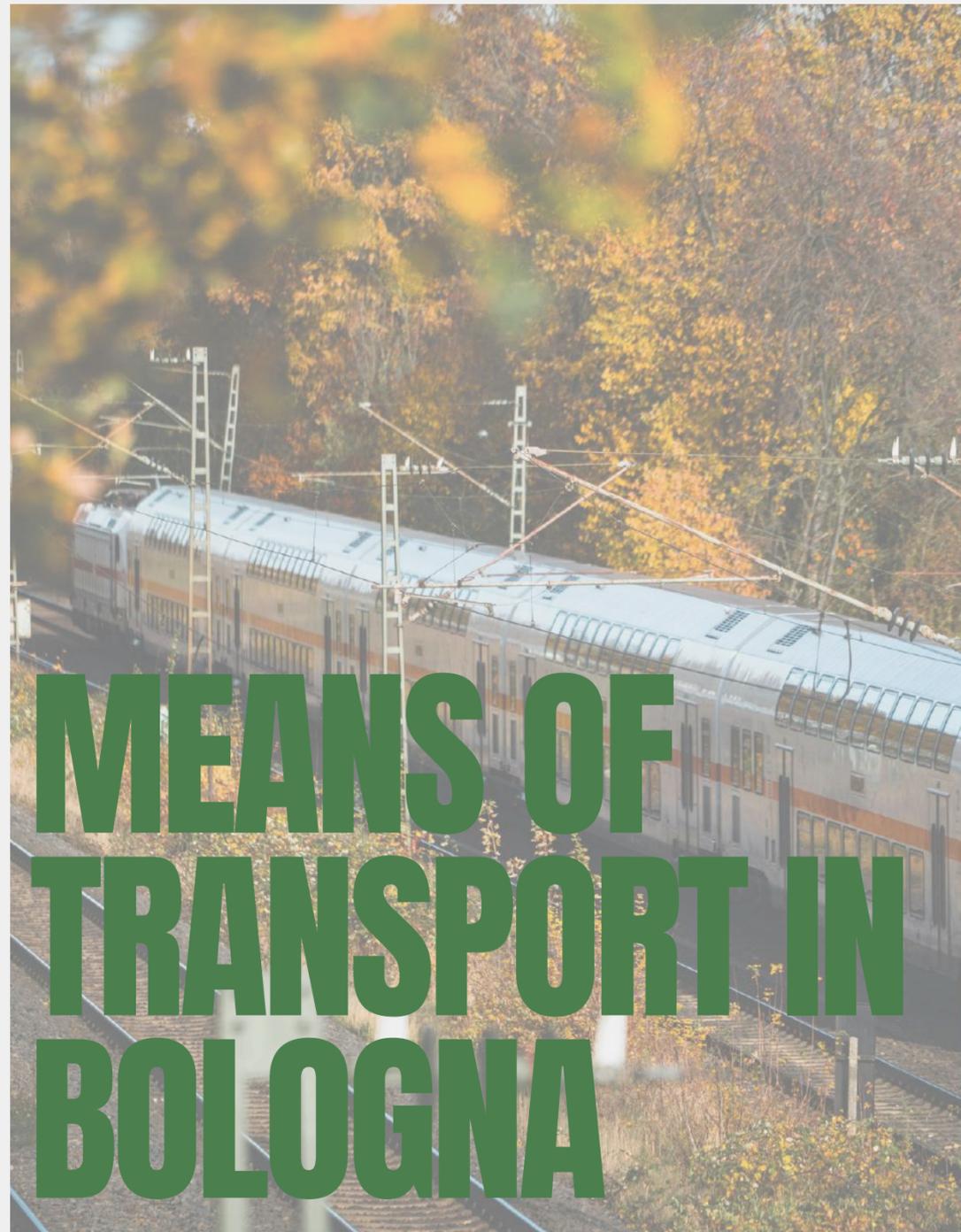
COUNTRY	STANDARD	GREEN
Cyprus	395 €	535 €
Greece	309 €	417 €
Netherlands	309 €	417 €
Slovakia	309 €	417 €
Romania	309 €	417 €
Portugal	309 €	417 €
Spain	309 €	417 €

**TRAVEL DAYS:  
24TH AND 30TH OF MAY**

**\*Green Travel (according to Erasmus+ standards):**

refers to sustainable means of transport that have a lower environmental impact, such as train, bus, carpooling, or other shared and low-emission travel options. It excludes air travel unless combined with a more sustainable mode for the majority of the journey.

Participants choosing Green Travel may be eligible for additional travel days and financial support to encourage eco-friendly mobility.



## 1. BY PLANE

If you want to travel by plane, you best come to the **Airport of Bologna**. Find your tickets on websites like [skyscanner.com](https://www.skyscanner.com)

## 2. BY TRAIN

If you plan to arrive to Bologna by train, you should check these two train companies:

- **Trenitalia**: national railway company <https://www.trenitalia.com/en.html>
- **Italo**: private railway operator <https://www.italotreno.it/en>

## 3. FROM THE AIRPORT TO THE CITY CENTRE

Shuttle service "**Marconi Express**" from the Airport to the Central Station // **12.80€ one way ticket**

If the shuttle is out of service you can find the substitute bus. Please find [HERE](#) more info about busses to the city center

## 4. FROM THE CITY CENTRE TO THE VENUE

Catch the **BUS 35** - get off at **Rotonda Baroni**

Find out the itinerary here <https://maps.app.goo.gl/qLqKcNgdRrjRyvqS7>

CONTACTS:

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# THANK YOU.



**YOUR JOURNEY  
STARTS HERE**