



**Bokra  
Sawa**

**culture  
& éducation  
non formelle**

**MARSEILLE**



**I N F O P A C K E S C**

**Coastal views EuroMed cultural exchange and  
non formal education**

**WWW.BOKRASAWA.ORG**

## **PARTNER ORGANISATIONS**

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The French hosting organization : **Bokra Sawa** Culture & Non-formal Education.

The Bokra Sawa (tomorrow together) association, based in Marseille, works in the field of non-formal education for Euro-Mediterranean youth and aims to promote common values and to fight against stereotypes and, consequently, to bring the two Mediterranean shores closer. In addition, Bokra Sawa aims to provide Euro-Mediterranean young people with new ways to reflect and discuss the world in which they live by providing them with tools and knowledge to express their ideas.

[www.bokrasawa.org](http://www.bokrasawa.org)

The Spanish sending organization : **Fundació Catalunya Voluntària**

Fundació Catalunya Voluntària-FCV is a non-profit, independent organization created in 2007, as the initiative of a local youth association established in 1999. (<https://www.youtube.com/watch?v=PC18389nCEY&t=18s>) Its vision is “a world where everyone, especially young people, has the willingness and the capacity to take actions with a positive impact in their communities, as global active citizens”. Its mission is “to foster active volunteering for positive social change, through non formal learning and as part of the Culture of Peace, in Catalonia and around the world”.

The Italian sending organization : **Atelier Europeo**

Atelier Europeo (AE) is a non-profit organization established in Brescia (Italy) on May 9, 2013. The main objectives of AE are to foster the development of active European citizenship, to promote a European culture and opportunities offered by the EU and its funding programs and to encourage the transnational mobility of EU citizens, in particular young people.

The Egyptian sending organisation : **Torraha**

Torraha in Arabic means fishing net. It was founded in Alexandria in 2013 in order to enhance a social dialogue and increase the local community participation. Their projects deal with women and children empowerment using the Fine and Performing Arts and handicrafts, as well as the development of artistic and cultural skills of young people.

Torraha works on promoting and strengthening the rights of marginalised populations through art and culture.

## **VOLUNTEER'S MISSION**

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The Bokra Sawa association will host from september 2020 three young volunteers in European Solidarity Corps of Spanish, Egyptian and Italian nationality. The volunteer(s) will carry out their mission within the association Bokra Sawa, located in Marseille, France, for a period of 12 months. Coastal views is a project conceived with and for youth, aiming to give voice to young citizens of the Euro-Mediterranean region and empower them to work together to find solutions to common challenges and societal issues. To this end, the project will use creativity and culture to develop non-formal educational tools that support vulnerable youth in their learning, inclusion and integration in society.

The project will host three volunteers to Marseille from three different Euro-Mediterranean countries: Spain, Italy and Egypt. Working within a small non-formal education organisation in Marseille, Bokra Sawa, the volunteers will benefit from a bottom-up approach, in which their ideas, inspirations and feedback are essential to the development of the organisation's activities. The volunteers' mission will be to contribute to, and run, workshops held in schools, youth and cultural centres for disadvantaged children, refugees and young people with fewer opportunities, and will assist Bokra Sawa in varied communication and research tasks.

Coastal views is composed of two main activities. Firstly, the project will offer the three volunteers a rich experience in non-formal approaches to education on a theoretical and practical level. The volunteers will develop their skills in non-formal education through discovering Bokra Sawa's educational materials and using them to run workshops on subjects including democracy, human rights, gender equality, active citizenship, cultural awareness, solidarity, non-formal learning and anti-discrimination for which they will receive training.

Secondly, the project will support the volunteers in their personal and professional growth, developing their confidence and leadership skills. They will begin to develop new educational tools and work on a personal project, through which they will be able to bring their perspectives and share their experiences and stories from their home country. These educational tools and workshops will raise awareness around diverse issues including gender equality, history, urban planning and biodiversity, and will benefit young people not only in Marseille but across Europe.

Their main mission is to work on the theme of gender equality and develop an educational tool to raise public awareness and disseminate information on this topic to the widest possible audience.

## TASKS AND ACTIVITIES

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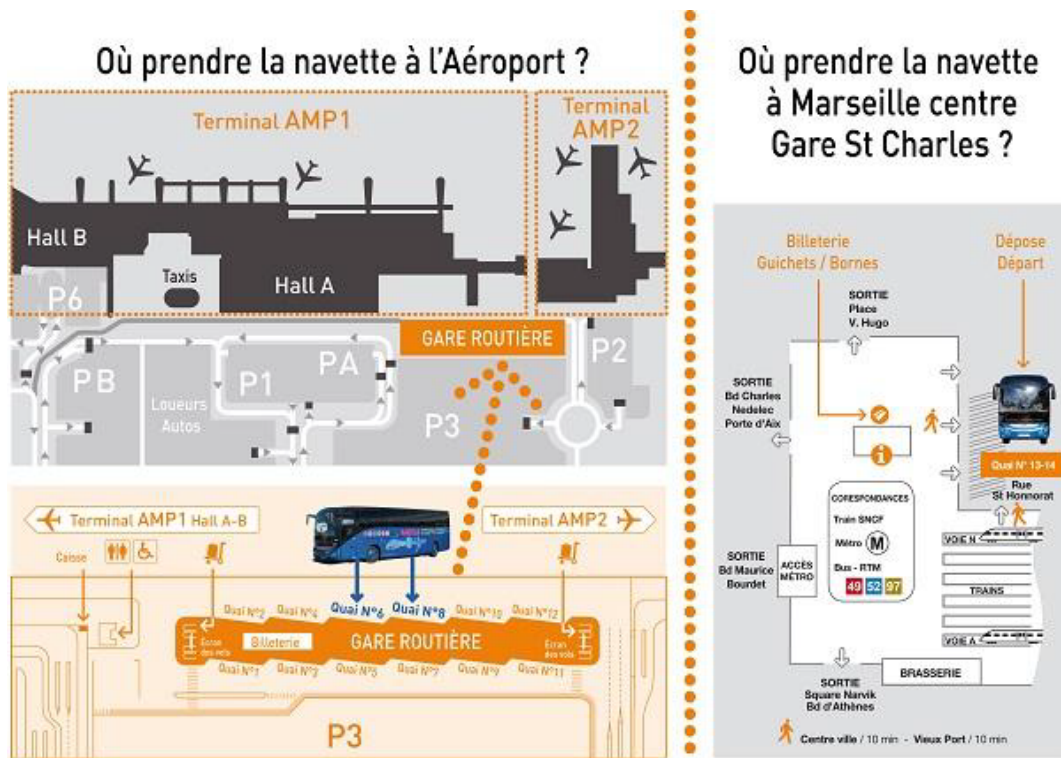
In addition of carrying out his project, the volunteer will help support the project manager in the implementation of cultural awareness activities. Thus, it will take care of the missions of creation of new activities of sensitization on the topics on which we will work. In sum, the volunteer will be led to:

- animate cultural awareness workshops for young audiences;
- communicate around the events and projects of the association;
- animate cultural events with local partners;
- participate in major animation and awareness projects at annual events such as Science Fair or Heritage Days;
- participate in hosting projects of foreign partners;
- meet with local partners to propose our activities;
- communicate around the project;
- raise awareness about non-formal education;
- participate in the cultural activities of Casa Consolat, artistic and culinary landmark of the

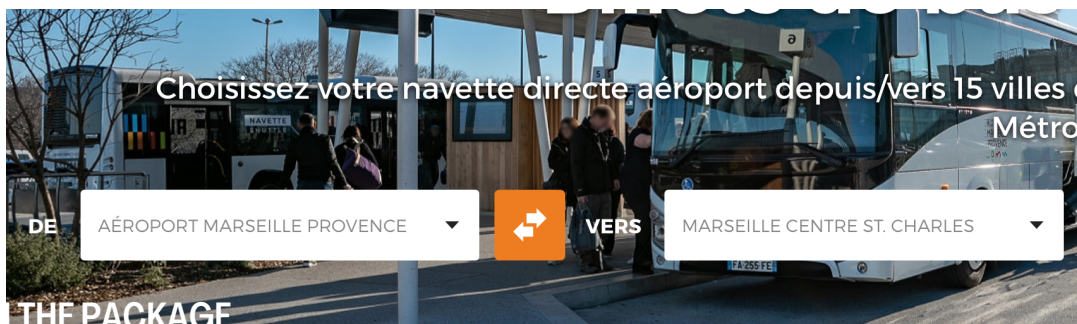
Réformés district, in order to practice the French language and get to know the Marseille reality.

# HOW TO GET TO MARSEILLE

The closest airport to Marseille is the Marseille-Provence airport (MRS). It is directly connected to the central train station and subway St Charles, by a airport shuttle.



Each 15 minutes, there is a shuttle bus, which moved to the train station. This shuttle bus lasts more or less 25 minutes depending on traffic. You will get off at the terminal bus station which is Marseille Centre St Charles. The price ticket is 7€ if you are under 25 and 10€ if you are over 25. You can buy it online: <https://store.marseille.aeroport.fr/bus.html> and don't forget to keep the ticket for the reimbursement. Make sure you select DE Aéroport Marseille Provence VERS Marseille Centre St Charles with the date of your arrival



Once you get to Marseille St Charles, a member of our team will come pick you up and will take you to your accommodation.

## **ACCOMMODATION AND PRACTICAL INFORMATION**

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During your mission, you will be in a shared flat with other volunteers.

You will have your own room with bed (plus sheets, a pillow and a blanket), you will take a towel with you because it is not provided.

The volunteer will receive a monthly allowance to cover the cost of food.

The pocket money will be 6 € per day, it will be paid at the beginning of each month, along with a sum covering food.

## **WEATHER**

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The weather in Marseille is quite pleasant, the winter is mild, the average season lasts a long time but the summer can be hot as hell !!! The Mistral will blow so think especially to bring windproof clothes and if you want to take a bath in the Mediterranean Sea, possibly a swimsuit.

## **COMMUNICATION**

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In order for you to communicate with your family, your friends and your work colleagues either by phone or internet you need to make a French phone line so you can find several interesting offers, also you can find promotions for packages you just need to visit the sites and choose an offer that suits your needs, for example the site : [www.sosh.fr](http://www.sosh.fr) ; [www.free.fr](http://www.free.fr)

# DISCOVER MARSEILLE

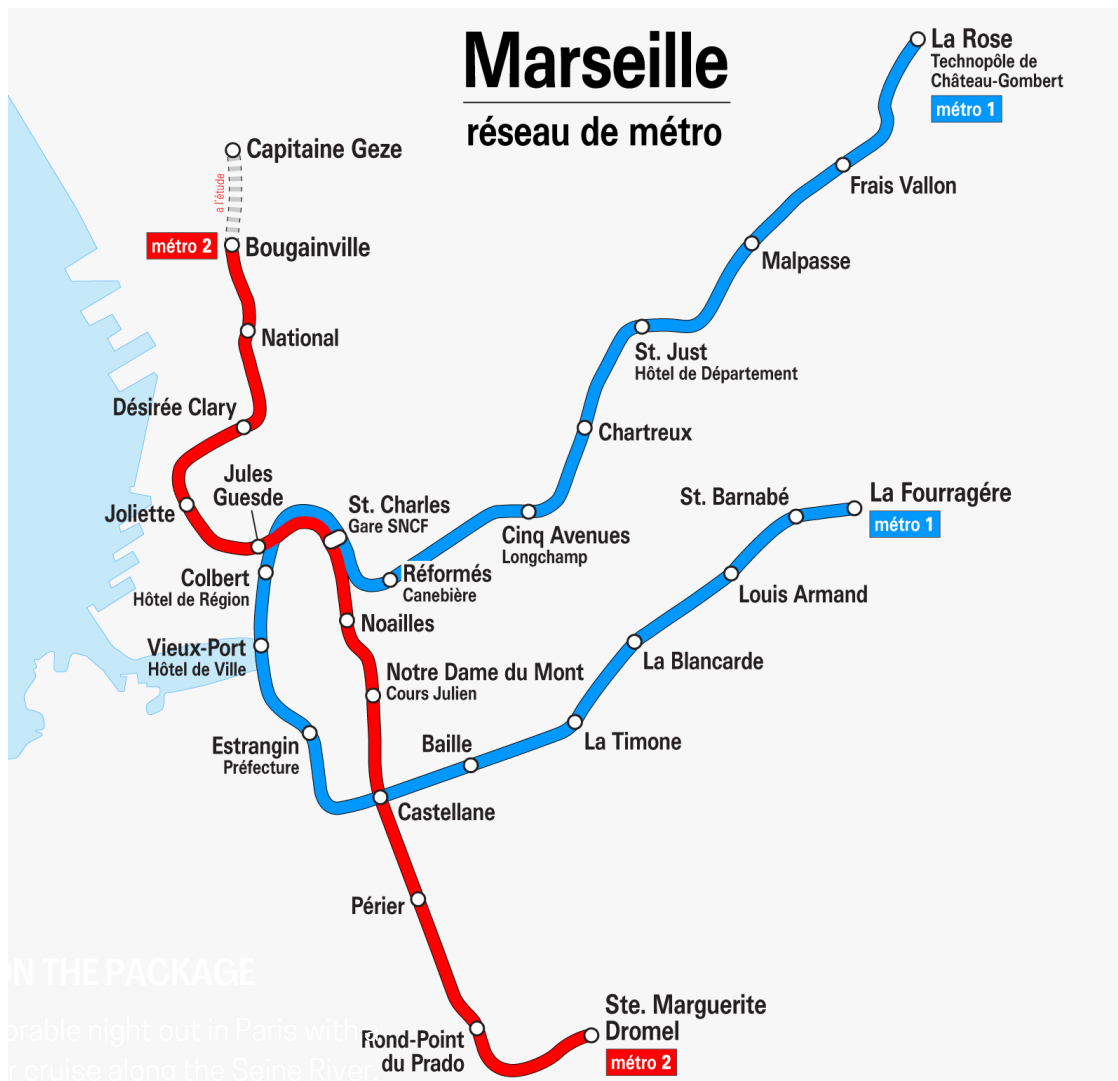
## THE PRACTICAL INFORMATION

### The transport of Marseille

To get around to Marseille, you can take the bus and / or the Metro. The buses are different depending on the neighborhood in which you live, on each bus is indicated their number and the name of the terminus station and inside there is a GPS system that announces the name of each station. Your local transportation and the transportation inherent to the missions will be paid. Indeed, the volunteer will get a ticket RTM (public transport). There is also a RTM application available on smartphones, to know the bus, shuttle, metro and tram transit times.

For the subway, there is two lines :

- le M1 bleu la Fourragère - la Rose et le M2 rouge Mte. Marguerite Dromel - Géze.



# LES MEILLEURS MARCHÉS DE MARSEILLE

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## LE MARCHÉ DE LA JOLIETTE

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### Address:

10 PLACE DE LA JOLIETTE 13002 MARSEILLE

### Schedules:

TUESDAY, THURSDAY AND SATURDAY (6 A.M. TO 1 P.M.)

The Joliette open-air market is a popular market, accessible by metro at the Joliette station or by the tram stop Joliette. There are around 50 fairground vendors selling fruits and vegetables, fish and seafood, butchers and delicatessen products and clothing, utensils, furniture, toys and other non-food products, and especially at very low prices.

## LE MARCHÉ DE NOAILLES

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### Address:

5 RUE DU MARCHÉ DES CAPUCINS,  
13001 MARSEILLE

### Schedules:

MONDAY TO SATURDAY (8 A.M. TO 7 P.M.)

The Noailles Market is a popular market and can be reached by metro and tram at the Noailles station. There are vendors on about 30 stalls that propose fruits and vegetables and Halal meats and with very low prices.



## CULTURAL PLACES IN MARSEILLE



### LE QUARTIER DES ARTISTES OF COURS JULIEN

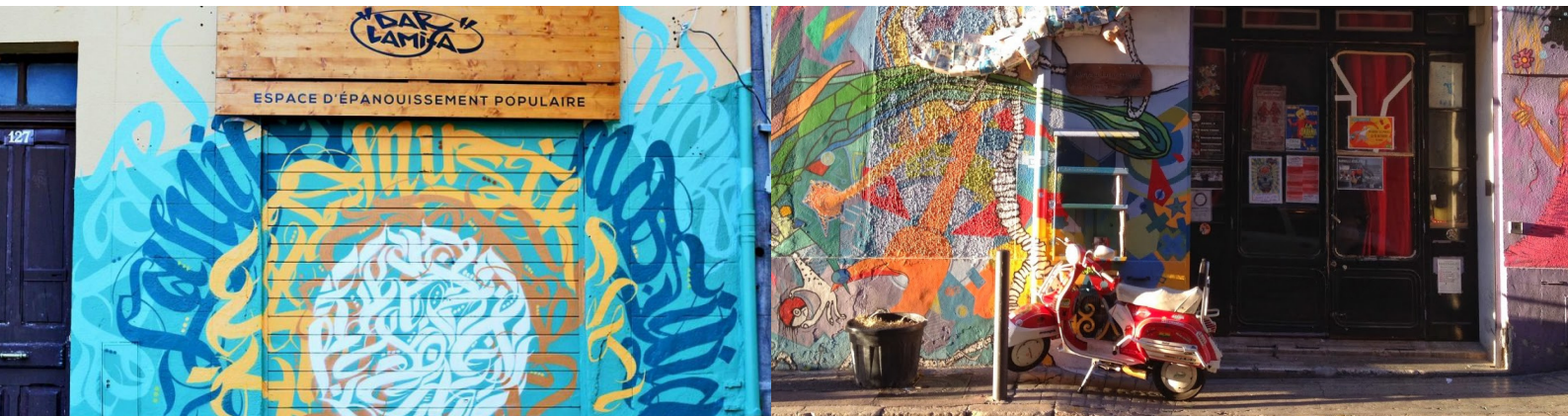
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Located in the heart of the city center, the Cours Julien is one of the most lively areas of Marseille, day and night. It is also the largest district dedicated to street art in France, since its walls are lined with graffiti and decorative frescoes made by local artists.

### LE PANIER

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Le Panier designates a district of Marseille located in the 2nd arrondissement, shared between three administrative districts: Hôtel-de-Ville, Les Grands-Carmes and La Joliette. The north shore of the Old Port is the oldest part of the historic settlement of the Greek colony of Massalia in 600 years BC. Dar



### DAR LAMIFA

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Dar Lamifa is managed by the Nébien association. It is part of a popular education and aims to promote the emancipation and development of the person through the organization of artistic events, cultural, educational and fun.

### CASA CONSOLAT

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Casa Consolat is a cultural and associative place managed by the association Aglio Olio e Peperoncino. Restaurant, activity center, exhibitions, parties, and cinema.

At the heart of the associative project: cooking, bringing together two conceptions of the term culture, the traditional human activity, and the artistic one, the main part of the project being based on sharing.

You can also enjoy visits to all museums, for free, every first Sunday of every month.



## **BOKRA SAWA'S CONTACTS**

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Facebook/Instagram/Twitter:

Bokra Sawa

**[WWW.BOKRASAWA.ORG](http://WWW.BOKRASAWA.ORG)**