



PRIDE

PEOPLE'S RIGHT IS
TO DESERVE EQUALITY

JULY 30 - AUGUST 07, 2021

MALTA

MT LT TR FR HU IT

01 PROJECT NAME
PRIDE: People's Right is to Deserve Equality

02 TYPE OF ACTIVITY
ERASMUS+ Youth Exchange

03 DURATION
7+2 travel days (30 July - 07 August, 2021)

04 PARTICIPATING COUNTRIES
Malta, Italy, Lithuania, France, Hungary, Turkey

05 NUMBER OF PARTICIPANTS
6 per country (36 in total)

06 AGE OF PARTICIPANTS
18 – 29 (No age limit for team leader)

SUMMARY

The LGBTQ+ community is among the most vulnerable minorities. Even though homosexuality is legal in all European states, the LBGTQ+ community still has to encounter unfavourable public opinions, legal problems and other difficulties. Therefore, it is not surprising that LGBTQ+ individuals face serious health issues, linked to societal discrimination and the denial of their human rights.

Although Europe is one of the most equality-advanced continents, LGBTQ+ individuals are disadvantaged as they suffer from inequalities and social exclusion. Due to these social challenges, LGBTQ+ (and more particularly youth) are at risk for mental health issues like anxiety, feeling of isolation and depression. Moreover, LGBTQ+ youth are more likely to experience homelessness and to use illegal drugs. All these factors cause a higher risk of committing suicide (LGBTQ+ youth are 2 to 3 times more likely to attempt suicide).

Thus, gender and sexual orientation issues are one priority of this century. People who are not aware and do not understand the LGBTQ+ issues tend to have prejudices, which can easily turn into fear or hatred. It is necessary to educate the youth on such important topics, to raise awareness and to promote open-mindedness, as well as respect for everyone regardless of their gender, sexual orientation or how they choose to express it. For that, 6 organisations from Malta, Italy, Turkey, Lithuania, Hungary and France have united for the project dubbed PRIDE.

The project's general aim is **to raise youth awareness on LGBTQ+ issues**. We believe that knowledge is a weapon against ignorance which usually leads to fear or hate. To tackle this vicious spiral, it is necessary to be educated on the subject, and above all to educate the youth. Young people are our future leaders, it is thus necessary to ensure that they get knowledge on such an important topic.

To reach the main goal of the project, the following objectives have been set:

- 1) Learn more about the LGBTQ+ community (historically; terms and definitions);
- 2) Enhance knowledge on issues they deal with (social exclusion etc.);
- 3) Learn more about the situation of the LGBTQ+ community in other countries;
- 4) Promote values as tolerance, human rights, respect, freedom in an intercultural context;
- 5) Promote LGBTQ+ Human Rights.

This project will thus increase young people's knowledge on the LBGTQ+ question, allow them to feel comfortable with their gender and sexual orientation, and increase their self-esteem. It will also enhance intercultural awareness, as the participants will get to know more about the LGBTQ+ situation in the partner countries.

FINANCES & TRAVEL BUDGET LIMITS

1. Accommodation, living and other project related expenses: 100% funded by the EU.
2. 100 % of the travel costs, but no more than the maximum compensation amounts given below, will be reimbursed upon presenting all necessary tickets & invoices.

Travel distances	Amount
Between 10 and 99 KM	20 € per participant
Between 100 and 499 KM	180 € per participant
Between 500 and 1999 KM	275 € per participant
Between 2000 and 2999 KM	360 € per participant
Between 3000 and 3999 KM	530 € per participant
Between 4000 and 7999 KM	820 € per participant
8000 KM or more	1300 € per participant

Travel distances must be calculated using the distance calculator supported by the European Commission. The distance of a one-way travel must be used to calculate the amount of the EU grant that will support the round trip.

We will reimburse the travel expenses after the mobility by bank transfer, in accordance with the Erasmus+ framework. In order to make the reimbursement, it is compulsory that you have all the necessary documents with you. If your travel costs exceed the official limits, the reimbursement will be limited to the maximum amount of travel costs allocated for each country. If you fail to provide all the necessary travel documents, we will be unable to reimburse you. For plane travel, the original documents that we need are:

- 1) Tickets and Boarding Passes**
- 2) Invoice / Receipt**

Keep your bus / train tickets as well! Travel by cars / taxis is not reimbursed.

MONEY

The official currency in Malta is **Euro**. The prices in Malta are not high as well (e.g. bus ride - 1,5 EUR, pizza – 9 EUR). You can check the [cost of living](#) in Malta.

GETTING TO MALTA

Flying to **Malta** is easy. Malta is comfortably be reached within a few hours from many cities worldwide. All arrive at **Malta's** one international airport, which is no more than 45 minutes by car from anywhere on the main island, or a little longer by bus.

Cheap flights are always available [HERE](#).

Arriving in Malta by ferry can be a **way of exploring other countries** along the journey and experiencing other cultures. Apart from [cruise liners](#), Malta is served by several major ferries.

TRANSPORTATION

Firstly, you should find a flight to **Malta (MLA) airport**. The arrival day is 30th of July and the departure day is 7th of August. Try to find a suitable option for the flights on these days.

More information about How to get to the venue - [HERE](#).

ACCOMMODATION & FOOD

Venue: Participants will stay in the [Zak House Malta](#). Situated in a central area of Malta, is the ideal place for youth organizations to organize live-ins, retreats, exchanges, seminars, meetings, workshops, daily group sessions, indoor and outdoor activities. Furthermore it is flanking Sliema and St Julian's.



Rooms: with 2-5 beds. Participants should [bring the towels & bed linen](#) (if you can't bring it, there will be a possibility to rent them in the facility for 5€). The Main Activity Room is located in the same building. WiFi internet connection is available (however, might be a bit limited). Organizers will provide participants with three meals per day and two coffee breaks. Food will be served at the hotel or cafeterias nearby. We strongly recommend each participant to inform the organizers about any special dietary needs in advance.

BASIC RULES: All the participants will be expected to be present and active in all the activities, unless being ill. Unauthorized absence from the activities and workshops won't be tolerated. Smoking is prohibited everywhere inside buildings (the guest house levies a fine of 50 EUR), thus all the smokers will have to go outside or to specially designated areas for a cigarette. Any damages to the property of the guest house or the organizers will be deducted from the travel reimbursements of the ones responsible.

ABOUT MALTA

Check the following websites to get to know more about our lovely Malta:

- [Visit Malta](#)
- [Things to do in Malta](#)
- [Malta travel guide](#)



ADDITIONAL STAY

The hosting organization is covering the accommodation **ONLY** for the stay during the mobility. In case of earlier arrival or later departure, participants themselves must cover the accommodation. In addition, we can only cover tickets 2 days earlier or after the project date. If you are planning to stay longer after the project or arrive earlier, please inform us before booking your ticket. Otherwise, we cannot guarantee your reimbursement. Please note any indirect routes taken for personal travel will not be reimbursed.

For additional days in Malta we suggest you to use [Airbnb](#) (18 EUR discount inside), [Booking.com](#) (12 EUR discount inside).

GET CONNECTED



Stanislav Karmyšov



+37067798159



Samanta Tumpytė



Christian Briffa

If you have any questions, please contact us via email or facebook.



SEE YOU ALL IN MALTA!

